

Fee and Insurance

The full cost of an appointment (50 minutes) is \$90.00 and can be paid through two sources:

1. Client:

The client pays all at the time of the appointment.

2. Insurance:

Before the first session, please be clear about the benefits of your plan for what is called Mental Health/Substance Abuse or Behavioral Health.

You need to know if you have out-of-network benefits which means they will pay any mental health provider **or** if you **only** have in-network benefits (you could have both). Out-of-network benefits mean you can choose your provider without restriction. However, there may be limitations on the number of sessions or the dollar amount that will be paid for the year and/or life time.

In-network benefits mean that a provider must be signed up with your particular benefit plan. This also means that your insurance plan has what is called a managed care company that handles approval of sessions and determines how many sessions you are allowed for a specific period of time.

You are responsible for calling your insurance plan before or no later than the day of your first appointment to determine whether your sessions need to be *pre-certified*. You also need to know what *your co-pay* for mental health benefits will be. Most companies will no longer back date a claim if you call more than 24 hours after your first session. You will be responsible for the full \$90.00 if you do not get pre-approval.

Payment can be made by personal check, money orders made payable to **LCS** or cash at the time of service. Credit or debit cards are not accepted.

Cancellations or No Show: If it is necessary for you to cancel an appointment this must be done at least 24 hours in advance. Anytime a cancellation is less than 24 hours the full fee will be charged. Certain emergency situations may be exceptions. Please note that insurance will not pay for a canceled appointment or a No Show.

I have read and understand the above policies and procedures.

Signed _____

Date _____